

DEPARTMENT OF SOCIAL DEVELOPMENT

Training: TiP Legislation and Exploitation Guidelines

# PORNPROOFING CHILDREN'S SPACES

## Necessity and Practical Steps

8 December 2021

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# WHY CASE-SA VIDEO:

<https://www.youtube.com/watch?v=mXzMZV1DImY>

# PORNOGRAPHY STATISTICS 2019

- Over 42 billion visits to Pornhub (an average of 115 million visits per day).
- An average 2.8 hours of content uploaded to Pornhub every minute (an entire day's content uploaded every 9 minutes).
- South Africa ranked #24 in the world for pornography consumption on Pornhub (in top 20 from 2016 to 2018).
- South Africa ranked #1 in the world for pornography consumption via mobile device in 2016.

# FIRST EXPOSURE

*The average age of first-time exposure to pornography is now between 8 and 11 years old.*

*Fight the New Drug (FTND)*

# HARMFUL IMPACT OF PORNOGRAPHY ON CHILDREN

- Severely detrimental to physiological and psychological health (children and adults).
- Parents need to get educated about devastating impact of pornography exposure on children's lives (including future adult lives).
- "Pornography is a social toxin that destroys relationships, steals innocence, erodes compassion, breeds violence and kills love." *National Centre on Sexual Exploitation (NCOSE)*
- "It is no longer if your child will be exposed, but when ..." *Dr Gail Poyner*

# HARMFUL IMPACT OF PORNOGRAPHY ON CHILDREN (2)

- Shaping sexual attitudes and values:
  - Sexism and objectification
  - Sexual uncertainty and casual sexual exploration
- Increase problematic sexual behaviour or victimisation:
  - Risky sexual behaviours, including sexting
  - Sexual aggression, coercion and violence, including sibling sexual abuse
  - Higher levels of delinquent behaviour (committing sexual offences)
  - Physical and sexual victimisation

# HARMFUL IMPACT OF PORNOGRAPHY ON CHILDREN (3)

- Exposure to pornography may incite child-on-child sexual abuse:
  - Children imitate behaviour, exposure to pornography can prompt children to act out sexually (sexual scripting)
- Poor emotional health and harm to the brain:
  - Harm to young brains and addiction
  - Decreased emotional bonding with caregivers
  - Loneliness, less self-worth and depressive symptoms

# IMPACT OF PORNOGRAPHY ON SEXES

- Males:
  - Lower sexual satisfaction and sexual dysfunction
  - Negative body image
  - Male sexual objectification of women and attitudes supporting violence against women.
  - Risky behaviour and other harms
  - Sexual harassment and coercion
  - Psychological symptoms and addiction
  - Pornography as sex education
- Females:
  - Negative body image and pressure to perform pornographic acts
  - Acceptance of rape myths
  - Domestic violence and sexual abuse
  - Increased marital rape
  - Decreased sexual satisfaction
  - Incidence of anal sex
  - Sexually aggressive behaviour



# A SOCIAL EXPERIMENT

*Nobody knows what consequences lie ahead for our generation whose lives are ingrained in digital technology, digital socializing and internet pornography that is shaping sexual preferences and desires.*

*Medical Institute for Sexual Health*

# EDUCATE EMPOWER KIDS VIDEO:

[https://www.youtube.com/watch?v=sQyUOCtE\\_HQ](https://www.youtube.com/watch?v=sQyUOCtE_HQ)

# THE NEW SEX EDUCATION

- Internet pornography is an almost perfectly designed teaching and learning model. It has just one major flaw: close to 100% of what it teaches is a lie.
- “Internet pornography shows actions and teaches behaviors that are toxic, hurtful, narcissistic, traumatizing, boundary crossing and untrue and shows them in a way that makes them seem totally believable, enticing and with no negative consequences.”

*Dr Mary Anne Layden*

# THERE IS HOPE!

- You can get equipped/educated on how to:
  - Talk to your child about pornography.
  - Protect your child.
  - Empower your child to respond appropriately to exposure.
  - Recover from effects of exposure.

# #PARENT TALK: CHILDREN AND PORNOGRAPHY

- #ParentTalk: Children and Pornography:
  - An ideal awareness training opportunity for parents, teachers and care givers.
- Modules:
  - The harmful impact of pornography on children
  - Empowering parents to empower children
  - Response and recovery
  - Protecting children using technology



An Online Course

**ACCESS THE #PARENTTALK COURSE:**  
<https://unspokenepidemic.co.za/>

# #PARENTTALK VIDEO:

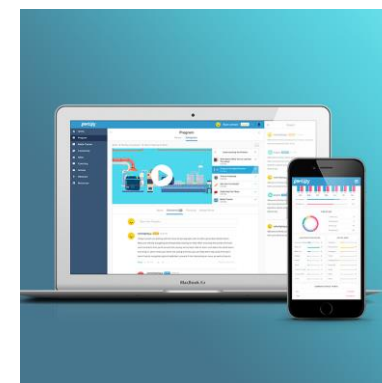
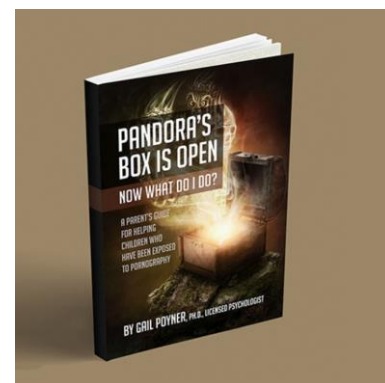
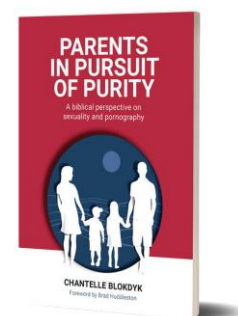
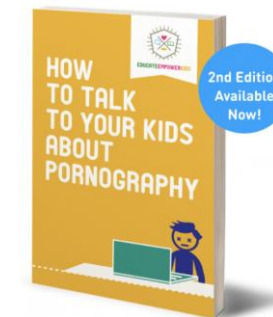
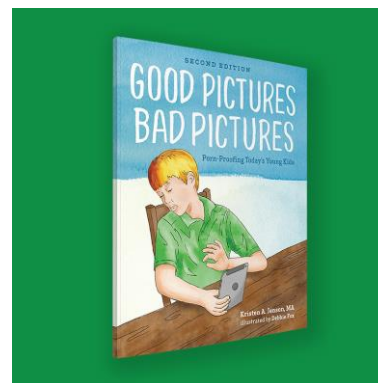
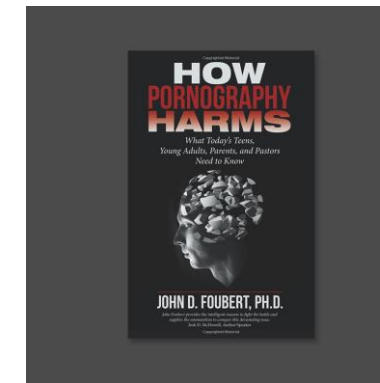
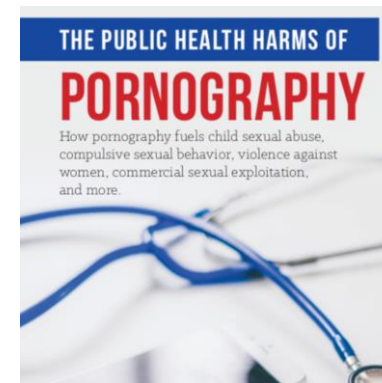
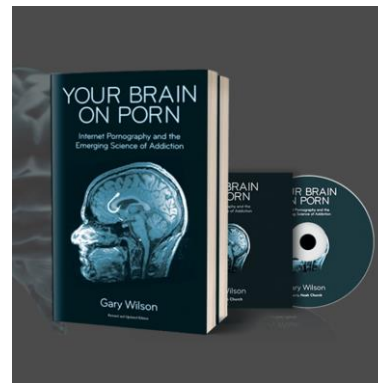
[https://youtu.be/H\\_nLGD4cmPA](https://youtu.be/H_nLGD4cmPA)



# VALUABLE RESOURCES

- CASE-SA and #ParentTalk resources pages (helpful tools and useful information):
  - Harmful impact of pornography exposure on children.
  - Empowering parents to empower children (talking to children about pornography).
  - Practical solutions to protect children from online exposure.
- #ParentTalk blog/vlog page: informative and insightful interviews.

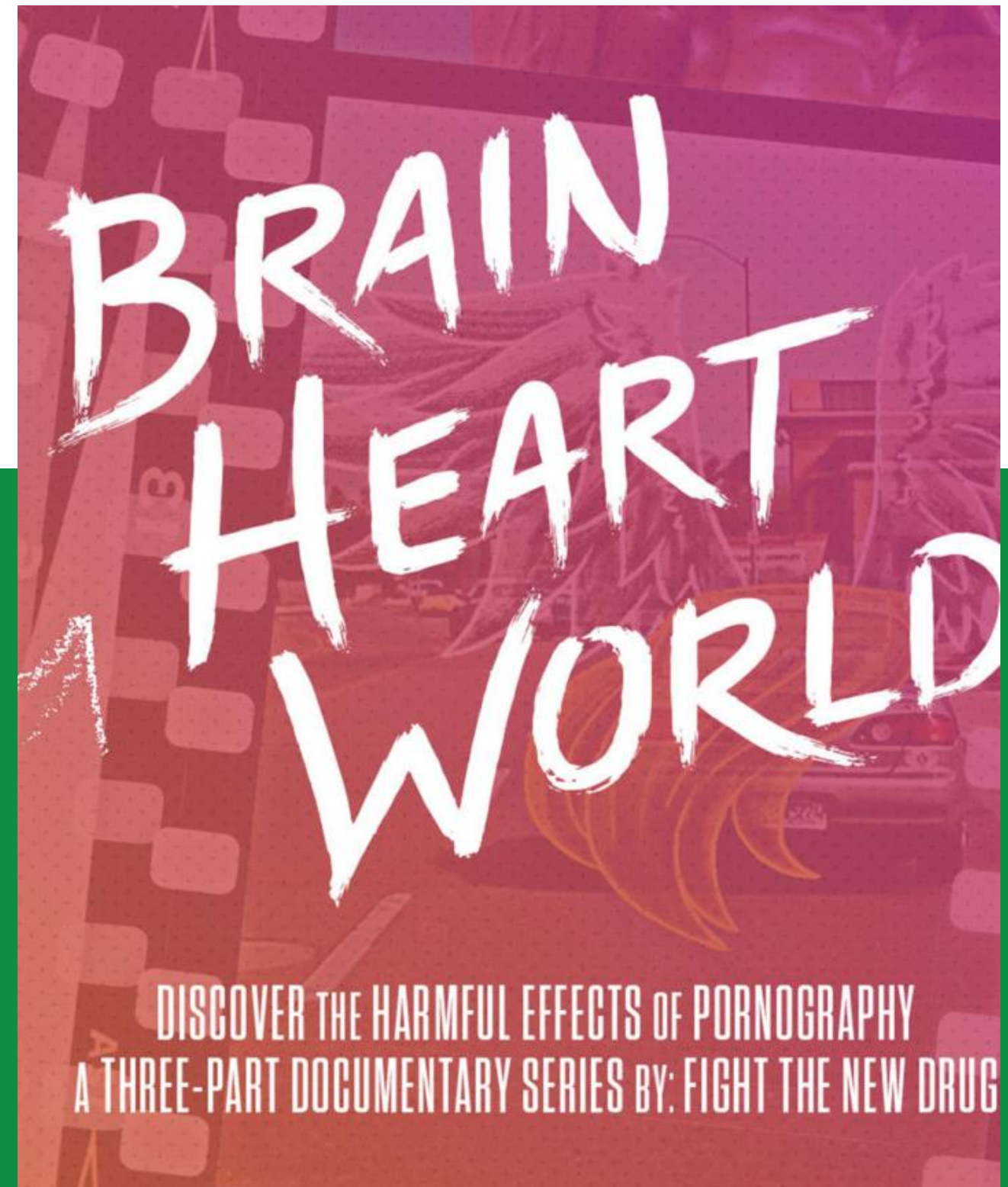






# DOCUMENTARIES

- 'Brain-Heart-World' documentary-series educates and empower children with knowledge:
  - Harms of pornography.
  - Prevent but also respond to exposure.
  - Recover from effects of exposure.
- 'Over 18' documentary
- 'Porneia: A Global Tragedy' series



# OVER 18 VIDEO:

<https://www.youtube.com/watch?v=Glp9v8Zh1WA>

# PORNPROOFING YOUR HOME AND SCHOOL





According to research studies:

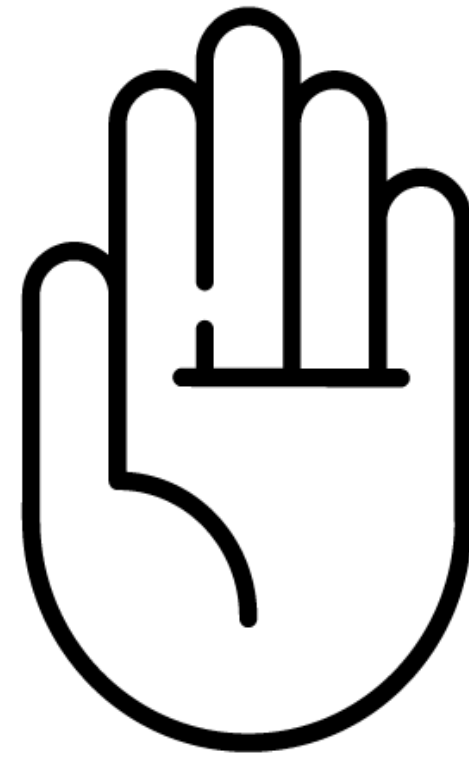
**PORN = HARMFUL**



Teaches women  
are sex objects



Leads to  
addiction



Causes sexual  
abuse

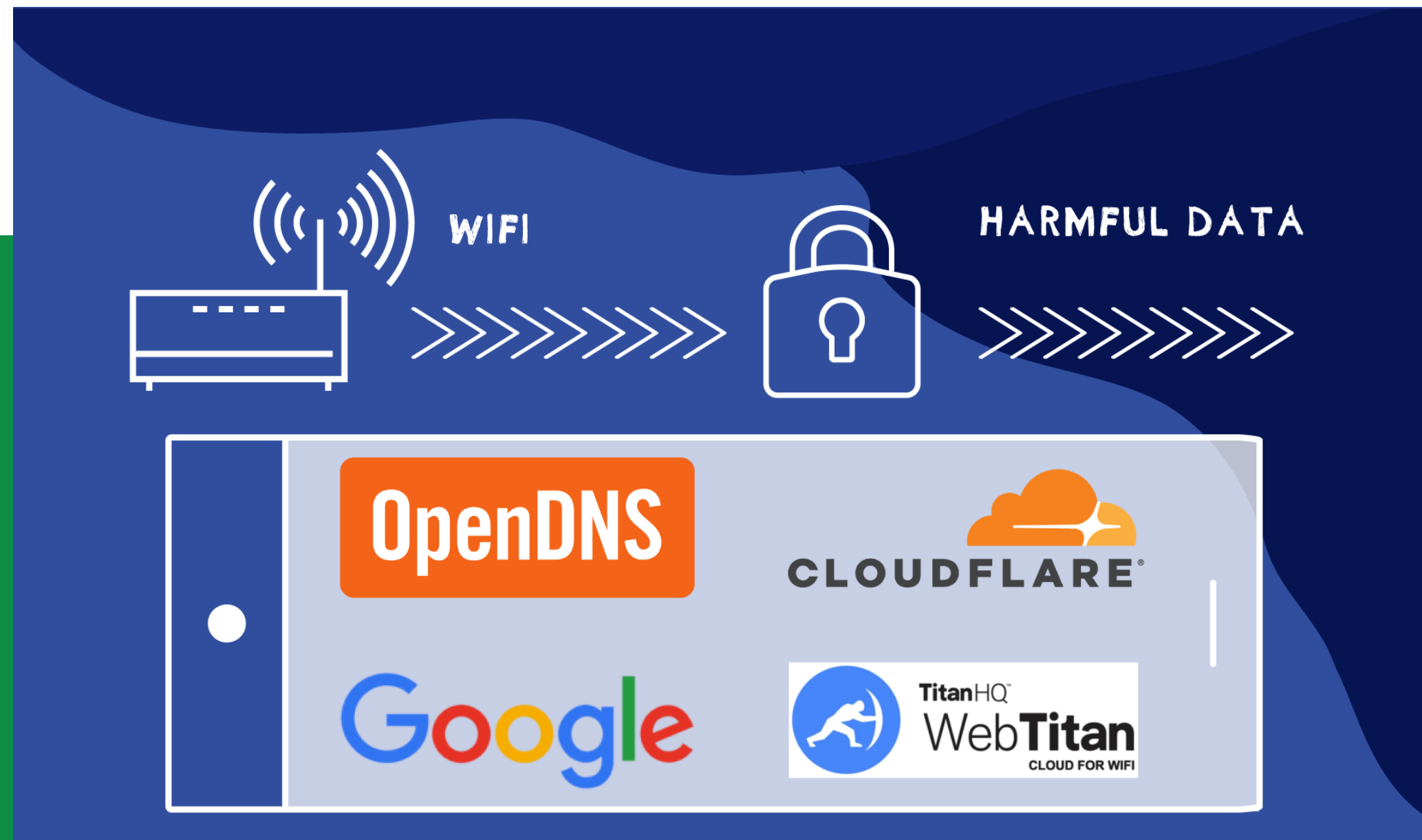
# STEP 1 : SECURE THE SOURCE



# STEP 1 : SECURE THE SOURCE

- Some service providers offer blocking and filtering of pornography.
- Choose ISP that offers protection.
- First-time internet users / users of new mobile devices.
- Existing fibre and wireless connections / existing users of mobile devices.

## STEP 2 : SECURE THE WIFI



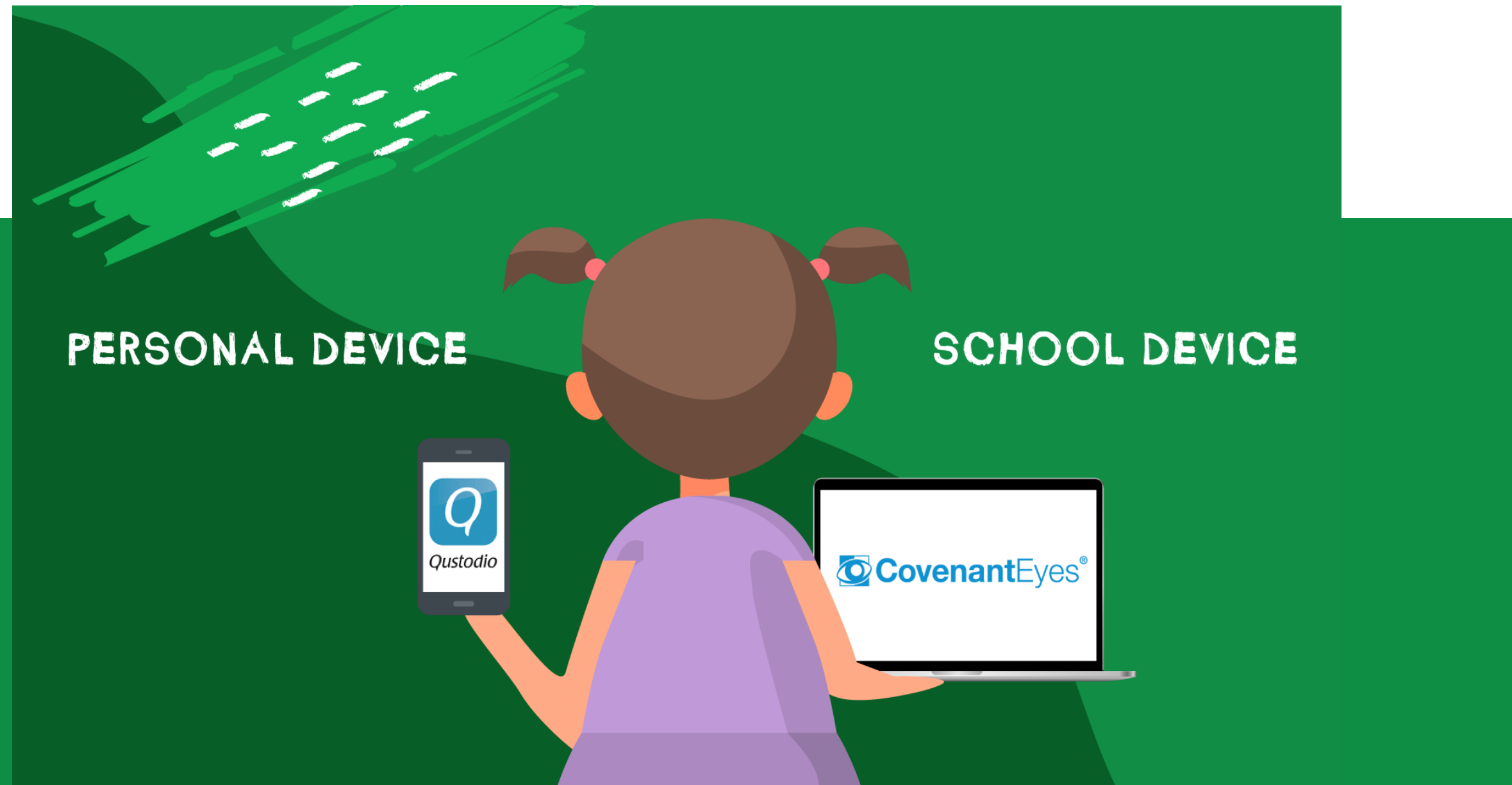
# STEP 2 : SECURE THE WIFI

- Secure WIFI with additional layer of filtering and blocking at DNS level.
- Sign up to cloud-based software solution.





# STEP 3 : SECURE END USER DEVICES



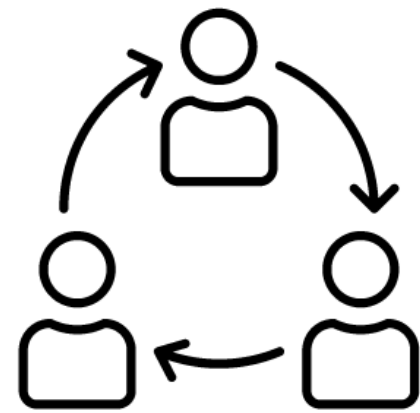
# STEP 3 : SECURE END USER DEVICES

- Install and manage on-device filtering and blocking software for all devices (mobile and desktop) used by children (at school and home).
- Secure each device with protective software.
- Devices could still access internet via unsecured alternative access and network services (outside protected school or home network).



# STEP 4

Implement effective school  
policy and house rules



Clarify roles &  
responsibilities



Guide parents  
& teachers



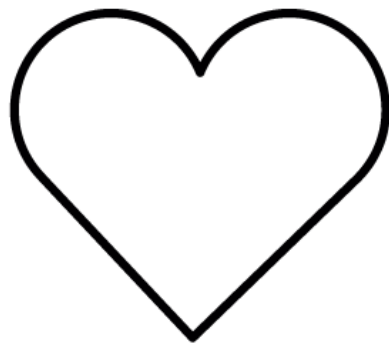
To keep children  
safe from harm

# STEP 4 : DEVELOP AND IMPLEMENT ROBUST AND EFFECTIVE SCHOOL POLICY OR HOUSE RULES

- Simple but robust digital usage and safety policy:
  - Clarify roles, responsibilities and accountability structures.
  - Guide parents and teachers.
  - Keep children / learners safe from harm.

# STEP 5

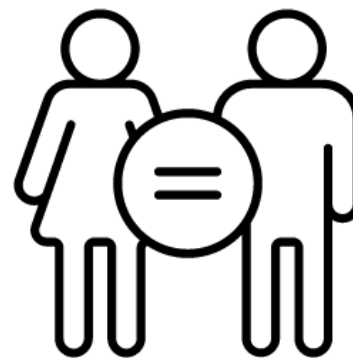
Culture / Values / Ethos



Love



Respect



Dignity



Accountability

# STEP 5 : CULTURE / VALUES / ETHOS

- Healthy culture of values:
  - Love.
  - Respect.
  - Dignity.
  - Accountability.

# MAINTAINING A SAFE ENVIRONMENT



Awareness training  
to parents



Educate and  
empower children



Monitor and evaluate  
effectiveness

# MAINTAINING A SAFE ENVIRONMENT

Follow through and maintain a porn-proof school and home environment:

- Review policies and house rules (and practical implementation).
- Regular awareness training to educate and equip parents and teachers.
- Educate and empower children (reject and respond appropriately to exposure).
- Periodical evaluation of the effectiveness of the porn-proofing programme.



# PORNPROOFING VIDEO:

<https://www.youtube.com/watch?v=6ZQShEnEEPs>

# 99% PORNPROOF

- Not even the very best interventions are failsafe or guarantee a ZERO % exposure rate.
- There will always be a percentage of children who are exposed to pornography (inadvertently or intentionally).
- Children in pornproofed schools and homes are a lot less likely to be exposed and suffer the harmful effects of pornography.

# RESPONDING TO THE IMPACT OF PORNOGRAPHY



# RESPONDING TO THE IMPACT OF PORNOGRAPHY

- Many schools and homes have already felt the destructive effects of pornography.
- Sometimes self-correction is possible by taking appropriate action:
  - Remove the influence of pornography.
  - Recover from the effects of exposure.
- Road to recovery may require recourse to professional help.
  - Need help for yourself or a loved one? [Consult this list of trusted service providers.](#)

# HOW CAN YOU HELP #ENDSEXPLOITATION IN SOUTH AFRICA?

- [Sign up for the online #ParentTalk course.](#)
- Porn-proof' your home and your child's school.
- [Sign up to be a #ParentTalk or Porn-Proofing Ambassador:](#) Organise and/or facilitate #ParentTalks in your geographic and/or online community.



**CASE**  
SOUTH AFRICA

**CENTRE  
AGAINST  
SEXUAL  
EXPLOITATION**  
SOUTH AFRICA

THANK YOU

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